‘Leaping into the Void’
Gene Key 29
Moving from Half-Heartedness to Commitment to Devotion

The Shadow (Human/Ego) level of this genetic code is, Half-Heartedness  
This 29th Gene Key is about human feelings. It’s about sex and relating, failure and success, desire and expectation. At its Shadow level Half-Heartedness is about giving up at the first sign of trouble or discomfort and ultimately all half-heartedness is rooted in deep un-embraced fear. If you quit something too soon, before it has come to its natural completion, you will stay in the same loop, repeating the same patterns. The 29th Shadow make you constantly worry about your decisions and where they might or might not lead you. The secret to all commitment lies in the way in which you begin. It is the energy behind your actions that creates your future rather than the actions themselves. There is nothing that is worth doing in life unless is is done with absolute commitment. If your attempt anything half-heartedly you might as well not attempt it at all. Without commitment, action lacks power or direction and above all, luck. This last comment may sound rather odd, but there exists a Universal Law that states that anything that is done with full commitment carries within it the seed of good fortune. Likewise anything that is done without full commitment carries the seed of misfortune – there is no morality here - Life is simply asking for you to trust in Life.

Repressive Response: Over-Committing  
These individuals are conditioned not only to make commitments but also to keep them no matter what happens. Such a nature takes on far more than it is capable of handling and gradually becomes exhausted. These people often become victims of others.

Reactive Nature: Unreliable  
These individuals may say yes to all kinds of things but then react to the pressure by pulling out of their commitments. The anger inherent within their nature is usually triggered by someone else’s expectation of them.

The Gift (Soul) level of this genetic code is, Commitment  
Without the 29th Gift and its ability to make crystal clear commitments life becomes choked and confused and nowhere is this more apparent than in the emotional and sexual level. True Commitment is an energetic dynamic felt within your entire being rather than a social requirement. Commitment is akin to trust which can neither be forced nor willed. People with the 29th Gift in their hologenetic profile can be exceedingly lucky people. Their clear, committed decisions create the conditions for their own good fortune. These people cannot afford to be led by others – they cannot be led by gurus or oracles. Nor can they succumb to pressure or expectation from others. The ultimate journey is your entire life and the shape of your life is formed by the millions of tiny decisions that are made over the course of your life. With the 29th Gift a clear decision is felt as a quiet and powerful warmth that courses through your whole being. It is as though nature itself were taking control of your destiny and showing you the way ahead. That’s the pure magic of the 29th Gift.

The Siddhi (Source/Oneness) level of this genetic code is, Devotion  
Bhakti Yoga refers to the path of Devotion, or the path of the Heart. This is the path of Tantra – the transmutation of sexual or dense frequency energy into Divine energy. Devotional paths are all paths of self-surrender in which you completely lose your own sense of self in another. When the quantum leap from the 29th Gift to the 29th Siddhi occurs an extraordinary thing happens – all the love that has been poured into the object of Devotion suddenly begins pouring back into the devoted one from everything in their Universe. At this point the one manifesting the Siddhi often refers to everything, including themselves as the Beloved. Wherever such people go their heart is in constant meltdown from everything and everyone they meet. The 29th Siddhi of Devotion is an absolutely contagious Siddhi – wherever it goes it inspires Devotion in others. This electrical, almost sexual aura creates considerable waves when it appears in the world – but these masters are interested in only one thing – surrender into your heart – trust your heart above all else and never worry about the consequences. To be devoted means to lie forever in the lap of the Divine.

Side Note: This Gene Key is one of four (4,7,29,59) in the Codon Ring known as the "The Ring of Union". There are 21 Codon Rings within the DNA. These rings are chemical chains that relay biological information between each other in fractal manner. The body acts as a bio computer organizing multiple levels of information. 20 amino acids are combined to create the chemistry needed to respond to the environment.

Physiology: Sacral Plexus  
Amino Acid: Valine  
Resource: Gene Keys by Richard Rudd